

SEEDS Residence Option Sample Program Schedule

	Tuesday	Wednesday	Thursday	Friday
7:00 AM				
7:30 AM		BREAKFAST 7:30-8:30		
8:30 AM		Morning Grid		
9:00 AM		Classes (9-12)	Classes (9-12)	Classes (9-12)
Noon		LUNCH 12:00-1:00		
1:00 PM		Classes (1-4)	Classes (1-4)	Departure 1-1:30pm
2:00 PM	Arrival Time (2:00-4:00pm)			
3:00 PM				
4:00 PM	Settle in	Open time (4-5)	Open time (4-5)	
5:00 PM	DINNER 5:00-6:00			
5:30 PM				
6:00 PM	Break			
6:30 PM	Welcome Rally	Activities (6:30-9:30)	Activities (6:30-9:30)	
7:00 PM				
7:30 PM				
8:00 PM				
8:30 PM				
9:00 PM				
9:30 PM	Back to Res			
10:00 PM		Back to Res	Back to Res	
10:30 PM	Lights out			

SEEDS Commuter Option Sample Program Schedule

	Wednesday	Thursday	Friday
8:00-8:30 AM	Arrive and Check In between 8:00-8:30 Leave for class at 8:30		
9:00 AM	Classes (9:00-12:00)	Classes (9:00-12:00)	Classes (9:00-12:00)
Noon	LUNCH 12:00-1:00		
1:00 PM	Classes (1:00-4:00)	Classes (1:00-4:00)	Departure 1-1:30pm
4:30 PM	Departure (4:15-4:30)		