

SEEQ August 13 - 18, 2017 Program Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 AM		Wake up				
7:30 AM		BREAKFAST (7:30-8:30)				
8:30 AM		GRID and TRACK to CLASS begins at 8:30pm				
9:00 AM		Classes (9:00-12:00)	Classes (9:00-12:00)	Wednesday Morning Workshops (9:00-12:00)	Classes (9:00-12:00)	Classes (9:00-12:00)
10:00AM						
11:00AM						
Noon						
1:00 PM	LUNCH 12:00-1:00					
2:00 PM	Arrival 2pm - 4pm	Classes (1:00-3:00)	Classes (1:00-3:00)	Classes (1:00-3:00)	Classes (1:00-3:00)	Departure (1:00)
3:00 PM						
4:00 PM	Unpack/Meet & Greet	Open time (3:00-5:00)	Open time (3:00-5:00)	Open Time (3-4)	Open time (3:00-5:00)	
5:00 PM	DINNER (5:00-6:00)					
5:30 PM	Break (6:00-6:30)			Fort Henry Sunset Ceremony (5:30-9:30)	Break (6:00-6:30)	
6:00 PM	ESU Welcome Rally and Ice Breakers	Swimming at Tomlinson Pool and Coffee House (6:30-9:30)	SEEQ Sport Zones and Craft Activities/ Scavenger Hunt (6:30-9:30)			
6:30 PM						
7:00 PM						
7:30 PM						
8:00 PM						
8:30 PM	Return to Residence (9:30)					
9:00 PM	In Room and Quiet (10:30)					
9:30 PM	Lights out (11:00)					
10:30PM						
11:00PM						